

S.No	Name of the subject	Certification criteria (percentage)			
		Theory	Practical	Internal Assessment	Aggregate in each paper module
1	Yoga assistant (667)	50	50		

S.No	Title of Component	Essential Contact Hrs	
		Theory	Practical
1	Yoga assistant	80	160

SR. No.	Lesson	Study Time	Mark 100
1.	□□□ 1 □□□ □□ □□□□□□□□	20HOURS	8
2.	□□□ 2 □□□□□ □□□□□□ □□ □□□□□□□ □□□	20HOURS	10
3.	□□□ 3 □□□□□ □□□	20HOURS	10
4.	□□□ 4 □□□□□□□□□□	20HOURS	10
5.	□□□ 5 □□□□□□□□□□□□□□	20HOURS	6
6.	□□□ 6 □□□□□□□□ □□□□□□□□	20HOURS	5
7.	□□□ 7 □□□□□□□□ □□□□ □□□□□□□□ (□□ □□□□ □□□□□□□□)	20HOURS	12
8	□□□ 8 □□□□□ □□□ □□□□□□□	20HOURS	5
9.	□□□ 9 □□□□□□□□□□ □□□□□□□□ □□ □□□□□□□□	20HOURS	8
10.	□□□ 10 □□□□□□□□□□ □□□□□□□□ □□ □□□□□ □□□□□ □□ □□□□ □□□□ □□□□ □□□□ □□□□	20HOURS	8
11.	□□□ 11 □□□□□□□□□□ □□□□□□□□ □□ □□□□□□ - II (□□□□□□, □□ □□ □□□□□□ □□□□)	20HOURS	8
12.	□□□ 12 □□□ □□□ □□□□□□ □□□□□ □□ □□□□□ □□□□□□□□□□	20HOURS	10
	□□□	240 HOURS	100

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- 0003 00000 000
- 0004 0000000000
- 00000000 - 2: 00000000 000
- 0005 0000000000000
- 0006 00000000 00000000
- 0007 00000000 0000 00000000 (00 0000 000000000)
- 0008 000000 000 0000000
- 00000000 3 0000000000 000000000 00 000000
- 0009 0000000000 000000000 00 0000000000
- 00010 0000000000 000000000 00 000000 **I** (00000 00 00000 00000)
- 00011 0000000000 000000000 00 000000 - **II** (000000, 00 00 0000000 00000)
- 00012 000 000 0000000 000000 00 000000 000000000000